

prayer practice

أداء الصلاة

Name (الاسم)

Week Beginning (تاريخ بداية الأسبوع)

Weekly Focus (تركيز الأسبوع)

Fajr

الفجر

Dhuhr

الظهر

'Asr

العصر

Maghrib

المغرب

'Isha

العشاء

Monday

الاثنين

Tuesday

الثلاثاء

Wednesday

الأربعاء

Thursday

الخميس

Friday

الجمعة

Saturday

السبت

Sunday

الأحد

sticker set

Use the small stickers on this sheet to fill your prayer charts. When you complete a chart, choose from the selection of reward stickers.



after prayer

من الأذكار بعد الصلاة

After performing the obligatory prayers, remain seated and continue to remember Allah with these beautiful words of remembrance from the Sunnah.



أَسْتَغْفِرُ اللَّهَ (ثَلَاثًا) اللَّهُمَّ أَنْتَ السَّلَامُ وَمِنْكَ
السَّلَامُ، تَبَارَكْتَ يَا ذَا الْجَلَالِ وَالْإِكْرَامِ

I seek the forgiveness of Allah (say this three times).
O Allah, You are Peace and from You comes peace.
Blessed are You, O Owner of majesty and honour.

(Abu Dawood, Ibn Maajah, At-Tirmidhi, Ahmad)

سُبْحَانَ اللَّهِ وَالْحَمْدُ لِلَّهِ وَاللَّهُ أَكْبَرُ (ثَلَاثًا)
و(ثَلَاثِينَ) لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ لَا شَرِيكَ لَهُ، لَهُ
الْمُلْكُ وَلَهُ الْحَمْدُ وَهُوَ عَلَى كُلِّ شَيْءٍ قَدِيرٌ

Glory be to Allah, praise is to Allah and Allah is the
most Great (say this 33 times). None has the right
to be worshipped except Allah alone. He has no
partner, to Him belongs the dominion and to Him
belongs all praise and He is able to do all things.

(Muslim)